



AARON WATSON
THE UNDERDOG

Aaron Watson and his vocal cord damage.

Aaron Watson, a country singer from the United States, is currently suffering from vocal cord damage. Aaron opened up about it in great detail: "This is the first time in 20 years and 2,500 gigs that I've been unable to sing due to physical limitations."

He expressed that his vocal cords became severely inflamed for some reason, which led to a slew of additional ailments that take a long time to heal. For the singer of "Texas Lullaby," the last few months have been particularly trying.

It has been quite aggravating for him. Due to COVID, he already had to take time off. Singing is something he really enjoys doing and it helps him support his family, so there have been some difficulties. For him, singing and composing are part of his daily life, a part that can't be separated from him. Throughout the process, Aaron has been seeing a specialist in Alabama.



“Composition is my occupation,” he explained. It’s my pastime, my drug, and my treatment. “My songs provide a glimpse inside my soul.” Music speaks when words fail, which is a great approach toward music.

The vocal cords are treated by resting the voice and speaking as little as possible for at least 6 weeks so that it can repair. Whispering can exacerbate injuries and should be avoided. This is prevalent among singers since they continually use their voice to compose, record, and perform their songs live.



Reference:

<https://theprint.in/features/singer-aaron-watson-opens-up-about-his-vocal-cord-injury/1000108/?amp>