



## Shania Twain opens up about her battle with Lyme Disease

Her toughest challenge. At the height of her popularity, Shania Twain spoke up about the issues she encountered after learning she had Lyme illness. In her latest Netflix documentary, *Shania Twain: Not Just a Girl*, which was released on Tuesday, July 26, the Grammy winner, 56, talked about the effects of a tick bite in 2003. Before I was diagnosed, she recounted, she was on stage feeling really dizzy, so her symptoms were rather alarming. I started to feel dizzy. Given that the stage is quite high, she was worried she would fall off.

The singer of "Any Man of Mine" went on to say that her fear had an impact on her performances because it required her to adjust where she stood while singing. She said, "I was staying far from the edge, I was adjusting what I was doing,". "I was having these very, very millisecond blackouts, but regularly, like, every minute or every 30 seconds."

*Shania's disease also led to creating problems with her performances. "My voice was never the same again," she also couldn't understand.*

*The Canadian native was unable to produce an entire album's worth of songs, but in 2004 she debuted a greatest hits album that had three brand-new singles. In the documentary, the author of *From This Moment On* said, "I thought that was it. I would never, ever sing again."*

Luke Lewis, who at the time oversaw Twain's record company, remarked that it was difficult to have his client go through these health problems following so many years of success. He said, "That was painful to watch. "I've never felt so much for somebody. She visited specialists all around the world.

Eventually, the "You Win My Love" singer received the assistance she required, but she previously admitted that it took physicians years to determine exactly how the sickness had impacted her voice.

The singer also mentioned in one of her interviews "I would say it was probably a good seven years before a doctor was able to find out that it was nerve damage to my vocal cords directly caused by Lyme disease,"

To stabilize her vocal cords the singer went through an open-throat surgery, although she was able to sing after the surgery she could feel a change in the way her voice sounded than before.

She has to put more effort into speaking than it is for her to sing. She finds it more difficult to speak than singing, she explains.

